

14 α -METHYL-5 α -ERGOSTA-9(11),24(28)-DIEN-3 β -OL, A STEROL FROM *GYNOSTEMMA PENTAPHYLLUM*

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(Received 14 November 1986)

Key Word Index—*Gynostemma pentaphyllum*; Cucurbitaceae; sterol; 14 α -methyl-5 α -ergosta-9(11),24(28)-dien-3 β -ol.

Abstract—A new sterol isolated from the aerial parts of *Gynostemma pentaphyllum* has been shown to be 14 α -methyl-5 α -ergosta-9(11),24(28)-dien-3 β -ol.

INTRODUCTION

Gynostemma pentaphyllum Makino (Japanese name, Amachazuru) is known to contain various kinds of dammarane saponins [1, and references cited therein]. We have recently shown that *G. pentaphyllum* contains (22*E*, 24*R*)-5 α -stigmasta-7,22-dien-3 β -ol (chondrillasterol), along with its (24*S*)-epimer (spinasterol), as the most predominant sterol component [2] accompanied with three new 24,24-dimethylsterols, 24,24-dimethyl-5 α -cholest-7-en-3 β -ol, (22*E*)-24,24-dimethyl-5 α -cholesta-7,22-dien-3 β -ol and 24,24-dimethyl-5 α -cholesta-7,25-dien-3 β -ol [3]. This paper describes a further study on the sterol constituents of the aerial parts of the plant, which led to the isolation and characterization of a new 14 α -methylsterol, 14 α -methyl-5 α -ergosta-9(11),24(28)-dien-3 β -ol [or 24-methylene-14 α -methyl-5 α -cholest-9(11)-en-3 β -ol] (1a).

RESULTS AND DISCUSSION

The new sterol (1a) by virtue of the purification procedure employed was isolated, and subsequently characterised as its monoacetate 2a. The mass spectrum of 2a showed $[M]^+$ at m/z 454, corresponding to $C_{31}H_{50}O_2$, accompanied with fragmentation ions at m/z 439 $[M - Me]^+$, 379 $[M - HOAc - Me]^+$ and 327 $[M - C_6H_{17}(\text{side chain}) - 2H]^+$ indicating that it was an acetate of a C_{29} -sterol with two double bonds, one of which was in the C_9 side chain and the other was in the skeleton [4, 5]. Other ions at m/z 287 $[M - \text{side chain} - \text{ring D}]^+$ and 273 $(287 - CH_2)$ were characteristic of 14 α -methylsterols [6, 7]. The presence of a further significant ion at m/z 370 $[M - C_6H_{12}]^+$ due to a McLafferty rearrangement involving cleavage of the C-22, C-23 bond with one H transfer from C-20, suggested that the side chain double bond was located at either the $\Delta^{24(28)}$ - or the $\Delta^{24(25)}$ -position [4, 5]. The side chain proton signals of 2a in the 1H NMR spectrum were observed at δ 0.912 (3H, *d*, $J = 6.4$ Hz), 1.026 and 1.031 (each 3H and *d*, $J = 6.4$ Hz), 2.219 (1H, *sept.*, $J = 7.0$ Hz), 4.663 (1H, *d*, $J = 1.5$ Hz) and 4.715 (1H, *s*). The two olefinic signals indicated that the side chain double bond at C-24 might be oriented to C-24(28) as the terminal methylene group. 14 α -Methyl-9 β , 19-cyclo-5 α -ergost-24(28)-en-3 β -yl (24-methylene-pollinastanyl) acetate (3a), a 24-methylene sterol, ex-

hibited side chain signals almost identical with those of 2a (Table 1) which supported the $\Delta^{24(28)}$ unsaturation. Steryl acetate 2a showed the skeletal olefinic signal at δ 5.29 (*m*, 11-H) and methyl signals at δ 0.661 (3H, *s*, 18-H₃), 0.758 (3H, *s*, 32-H₃) and 0.981 (3H, *s*, 19-H₃), which were almost identical with the corresponding signals of authentic 14 α -methyl-5 α -ergost-9(11)-en-3 β -yl acetate (2b, a mixture of C-24 epimers) (Table 1), and hence the 14 α -methyl- $\Delta^{9(11)}$ skeletal structure was attributed for 2a. Thus, the sterol was considered to have the structure 14 α -methyl-5 α -ergosta-9(11),24(28)-dien-3 β -ol (1a). The proposed structure was supported from the hydrogenation of 2a to give the dihydro derivative 2b (m/z 456 $[M]^+$; $RR_t = 1.47$ on GC) which was identified by comparison of its spectroscopic (MS and 1H NMR) and GC data with those of authentic 2b.

This study has, thus, demonstrated the occurrence of a 14 α -methylsterol 1a, which is considered to be a new sterol, in the aerial parts of *G. pentaphyllum* as the minor sterol constituent. It is noteworthy that another Cucurbitaceae, *Cucumis sativus* (cucumber), has recently

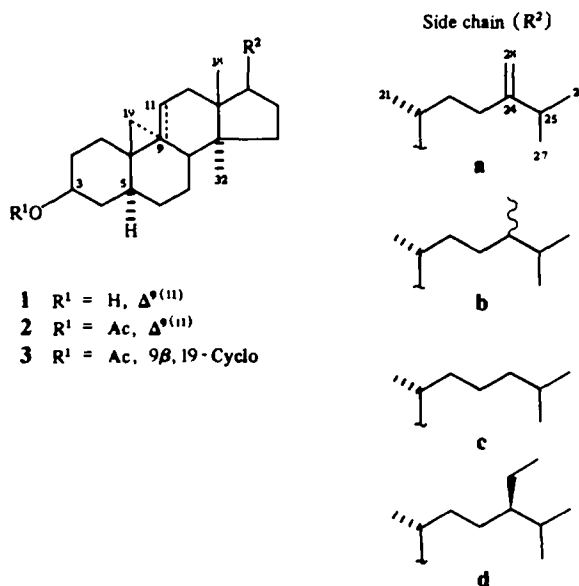


Table 1. ^1H NMR data of some 14 α -methylsterols (400 MHz, CDCl_3 , TMS as int. standard)

Sterol	18-H ₃ (s)	19-H ₃ [†] (s)	32-H ₃ (s)	21-H ₃ (d)	26-H ₃ (d)	27-H ₃ (d)	28-H ₂ [‡]	3 β -OAc (s)	3 α -H (m)	11-H (m)	25-H (sept.)
2a	0.661	0.981	0.758	0.912 (6.4)*	1.026 (6.8)		4.663 (d, 1.5)	2.024	4.69 (23)	5.29 (7.8)	2.219 (7.0)
					1.031 (6.8)		4.715 (s)				
3a [§]	0.961	0.081 (d, 4.3)	0.898	0.896 (6.4)	1.025 (6.7)		4.663 (d, 1.5)	2.026	4.80 (23)	—	2.237 (7.0)
		0.442 (d, 4.0)			1.030 (6.7)		4.714 (s)				
(24R)				0.874 (7.0)	0.854 (6.8)	0.807 (6.8)					
2b [¶]	0.656	0.979	0.754				0.781 (d, 6.8)	2.024	4.68 (22)	5.29 (7.8)	—
(24S)				0.882 (6.4)	0.859 (6.8)	0.785 (6.8)					
(24R)				0.873 (6.4)	0.853 (7.0)	0.807 (6.7)					
2b [§]	0.656	0.978	0.753				0.780 (d, 6.4)	2.023	4.68 (22)	5.29 (7.8)	—
(24S)				0.881 (6.7)	0.858 (6.7)	0.785 (6.7)					

*Figures in parentheses denote J values (Hz) for doublet and septet signals, and $W_{\frac{1}{2}}$ values (Hz) for multiplet signals.

[†]Cyclo methylene signal as for 3a.

[‡]Methyl doublet as for 2b.

[§]Data for authentic sterols determined at 250 MHz (cf. ref. [8]).

[¶]Prepared from 2a by hydrogenation.

been shown to contain the 24-ethyl homologue of 1a, (24R)-14 α -methyl-5 α -stigmast-9(11)-en-3 β -ol (1d) [8]. The other 14 α -methyl- $\Delta^{9(11)}$ -sterol so far known as the natural product is 14 α -methyl-5 α -cholest-9(11)-en-3 β -ol (1c) detected in sea cucumbers [9, 10].

EXPERIMENTAL

Mp uncorr. Argentation TLC: silica gel-AgNO₃(4:1) developed three times with CCl_4 -CH₂Cl₂ (5:1); HPLC: Partisil 5 ODS-2 column (Whatman; 25 cm \times 10 mm i.d.), MeOH as mobile phase (flow rate, 4 ml/min), RI detector; GC: OV-17 SCOT glass capillary column (30 m \times 0.3 mm i.d.), column temp. 260°. RR, on HPLC and GC expressed relative to cholesteryl acetate. EIMS (70 eV): probe; ^1H NMR: 400 MHz, CDCl_3 , TMS as int. standard. Acetylation: Ac₂O-pyridine at room temp. overnight; Hydrogenation: EtOH over pre-reduced PtO₂ at atmos. pressure and temp. overnight. Two sterol acetates, 2b and 3a, were used as the reference specimens [8]. The dried aerial parts of *G. pentaphyllum* were purchased from Kinokuniya Kanyaku Kyoku Co. (Tokyo). For the ^1H NMR data of 2a, 2b and 3a, see Table 1.

Isolation of new sterol. Dried aerial parts (10 kg; leaves and stems) of *G. pentaphyllum* were extracted with CH₂Cl₂ at room temp. for 1 week to give 242 g of lipid, which was saponified (5% KOH in MeOH) under reflux and then unsaponifiable lipids (50 g) extracted with isopropyl ether. CC of the unsaponifiable lipid on silica gel (350 g) (hexane, hexene-Et₂O, hexane-EtOAc, and then MeOH as eluants) gave the sterol mixture (6.95 g). (The elution was monitored by TLC on precoated silica gel.) The sterol mixture was separated by further chromatography on silica gel (300 g) (hexane-EtOAc as eluant) into two fractions, one containing an appreciable amount of Δ^5 -sterol in addition to Δ^7 -sterol (fraction A, 3.5 g) and another consisting mainly of Δ^7 -sterol (fraction B, 3.1 g) [2]. Fraction A was acetylated, and a portion of the acetate fraction A (1.1 g) subjected to argentation TLC to give eight bands. The fraction (61 mg) recovered from the fourth band from the solvent front (R_f 0.44) was subjected to reverse-phase HPLC yielding 2a (2.6 mg; RR, 0.71 and 1.52 on HPLC and GC, respectively).

14 α -Methyl-5 α -ergosta-9(11),24(28)-dien-3 β -yl acetate (2a). Mp. 95.0–96.5°. MS: m/z 454.3816 (M^+ , C₃₁H₅₀O₂, rel. int. 9%, requires 454.3808), 439.3571 (C₃₀H₄₇O₂, 48%), 411.3289 (C₂₈H₄₃O₂, 17%), 379.3322 (C₂₆H₄₃, 14%), 370.2825 (C₂₅H₃₈O₂, 12%), 355.2584 (C₂₄H₃₅O₂, 8%), 327.2303 (C₂₂H₃₁O₂, 77%), 313.2133 (C₂₁H₂₉O₂, 15%), 287.2026 (C₁₉H₂₇O₂, 13%), 273.1846 (C₁₈H₂₅O₂, 11%), 261.1839 (C₁₇H₂₃O₂, 10%), 255.2095 (C₁₉H₂₇, 9%), 227.1819 (C₁₇H₂₃, 20%), 55.6567 (C₄H₇, 100%).

14 α -Methyl-5 α -ergost-9(11)-en-3 β -yl acetate (2b; C-24 epimeric mixture) prepared from 2a by hydrogenation. MS: m/z 456 (M^+ , C₃₁H₅₂O₂, rel. int. 37%), 441 (86%), 396 (4%), 381 (23%), 329 (3%), 287 (6%), 273 (6%), 269 (7%), 261 (7%), 255 (5%), 227 (9%), 43 (100%).

Acknowledgements—We thank Drs. T. Takido and M. Aimi for NMR and mass spectra. Our thanks are also due to T. Fujikawa and T. Chikatsu for technical assistance.

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